A-Z OF RECYCLING

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Α

Aftershave & Perfume Bottles - see Bottles

Animal Bedding & Animal Waste

Put used animal bedding in your general waste (black) bin Some pet waste can go in your own compost bin at home (but only from herbivores like hamsters, rabbits, guinea pigs. stick insects or snails) Used cat litter / dog poo should go in your general waste (black) bin Any pet equipment or unused food / bedding can be donated to animal rescue centres, or offered via no-waste apps (see below)

Asbestos - See Hazardous Waste

Asbestos is hazardous waste, and cannot be put in your general waste (black) bin or taken to the tip. You will need to contact the City of London Hazardous Waste Service to arrange a collection - please do this as soon as possible to avoid the breakdown and dispersal of the asbestos.

You can find more information and options here: https://www.kingston.gov.uk/hazardouswaste

Ash & Charcoal

Ash from untreated charcoal (ie not 'easy to light' charcoal, or from disposable bbqs) can be dug into your soil, or added to your compost bin at home once cooled.

You can also dispose of it in your general waste (black) bin once cooled.

Treated charcoal should be disposed of in your general (black) bin once cooled.

В

Baby Clothes & Equipment

<u>Growbaby</u> - a baby bank who collect good quality second hand & new clothes & equipment for babies and children up to 5 years old - and provide it free of charge to those who need it. They operate out of The Hub on Surbiton Road, Wednesdays 10am - 2pm <u>https://www.growbabykingston.co.uk</u>

Neo Natal wards gratefully receive 2nd hand newborn/first size babygrows and hats for premature babies (mums often have no clothes with them when they have a premature baby).

http://www.infantjournal.co.uk/nicu_list.html

https://kingstonhospital.nhs.uk/department/neonatal-unit/

<u>Baby Banks</u> - there are baby banks across the UK who will take donations of clothes, toys and baby equipment. You can find your local baby bank at

https://www.goodto.com/family/where-to-find-your-local-baby-bank-458436

Baby/Toddler Mattresses

These would usually go to the dump but can actually be used, often with the old fitted sheet if not a newly sewn cover, as cosy floor seating for your child's reading corner or den or play house etc. They can also end up being a useful spare mattress at home if your little one has a sleepover. They may also be useful for animal shelters and vets as pet bedding.

Baby Nappies - Used disposable nappies should be put in your standard (black) waste bin. Unused disposable nappies can be offered on social media / zero waste apps, or taken to your local baby bank - some food banks also take nappies for their users.

Reusable nappies (clean) can be offered on social media / zero waste apps, or taken to your local baby bank.

Bags

Canvas and good condition plastic bags can be used by a number of groups - please offer to your local food banks or independent charity shops.

You can also offer on social media or zero waste apps

Unusable clean plastic bags can be recycled with soft plastics at most larger supermarkets - *see <u>soft</u>* <u>plastics</u>

Dirty plastic bags must go in your general (black) waste bin.

Torn / damaged canvas bags can be recycled as fabric - see Fabric

Bamboo Items

Bamboo, or items made from bamboo (such as toothbrushes) can be buried in your garden or added to your compost heap to decompose naturally

Batteries

You can find household battery recycling bins in any shop that sells them (e.g. supermarkets, homeware stores). You can also take them to the Household Reuse and Recycling Centre.).

- Laptop & mobile phone batteries recycle with Kingston's 'Mayor's Mobile Mop Up'
- Car batteries these can be taken to a scrap metal dealer for cash

Beauty Products

Unused items (both full and travel-sized) can be donated to Beauty Banks or Hygiene Banks- like food banks but for hygiene items. You can find your local donation points at <u>https://www.beautybanks.org.uk/</u> and <u>https://thehygienebank.com/locations/</u>

Refugee Action Kingston take a number of items including cosmetics, bath and body products, sanitary products etc - <u>https://www.toiletriesamnesty.org/directory/</u>

In Kind Direct (EC3 postcode area) – takes donations of new / unopened beauty and hygiene products and redistribute to charities helping those in need - <u>https://www.inkinddirect.org/</u>

You can also find a local group / charity who may need donations at

https://www.toiletriesamnesty.org/support-us/

Homeless shelters will also often take donations, and your local food bank may too.

Empty beauty items packaging can be taken for recycling in

Boots.

https://www.boots.com/shopping/boots-recycling-scheme/how-to-recycle-at-boots

The following are also collected at SunrayRecycle:

- Laundry pouches
- Flash Mop Wipe BRAND ONLY (please bag before donating)
- Flash Wipe packaging

Some companies also run their own recycling schemes:

- Lush https://www.lush.com/uk/en/a/bring-it-back-our-new-look-recycling-scheme
- The Body Shop -<u>https://www.thebodyshop.com/en-gb/about-us/brand-values/sustainability/return-recycle-reus</u> <u>e/a/a00011</u>
- No.7 Boots

See also - <u>Dental Waste</u> / <u>Bottles</u>

Bedding

Duvets & Pillows

If in good condition, these can be offered on social media / zero waste sites They may also be useful for animal shelters and vets as pet bedding. Most charity shops DO NOT take these.

Feather & Down can be composted in your own home composting

Poor condition duvets & pillows should be taken to the Household Reuse and Recycling Centre. Dunelm has offered in store recycling of these.

Sheets, Duvet Covers & Pillow Cases

If in good condition, these can be offered on social media / zero waste sites

If not - see <u>Fabric</u>

<u>Mattresses</u>

If in good condition, mark free, these can be offered on social media / zero waste sites, or check with charities offering collection.

If not, they need to be taken to the Household Reuse and Recycling Centre.

Or strip down to separate fabric from metal springs

Bikes / Bicycles & Tricycles

You can donate bikes (working or not) and bike parts to FullCycle, who will repair them and donate them to charities who need them - https://fullcycle.org.uk/

There are also other bike charities sourcing bikes for refugees and other groups including:

The Bike Project - https://thebikeproject.co.uk/

FullCycle also run bike repair workshops if you'd like to keep yours but get it up and running again; and Kingston Council hold regular 'Dr Bike' sessions -

https://www.kingston.gov.uk/cycling-3/dr-bike-fancy-check

Books - see also Paper

Books can be taken to a local charity shop, and can be put in your blue recycling bin or taken to the Household Reuse and Recycling Centre.

Some other / local options include:

- In Kingston Oxfam in on the Old Kingston Road
- Save The World Club
- Via social media or zero waste apps
- Train Station Libraries / Book Swaps Malden Manor has a small bookshelf for donated books, people take and donate as they like
- Little Libraries tiny community libraries (such as in the park by Alexander Drive Post Office)
- Good condition children's books may be donated to local schools / nurseries
- <u>https://www.beanstalkcharity.org.uk/news/hundreds-of-donated-books-to-reach-the-hands-of-d</u> <u>isadvantaged-children-across-london-as-part-of-project-to-address-book-gap</u>
- You can also compost old books tear up pages and separate with mixed contents

Bottles

Glass and plastic bottles should be put in your home Dry Mixed Waste recycling (green) bin or box.
Glass milk bottles should be returned to the dairy/milk delivery.
Beauty product bottles - see <u>Beauty Products</u> for recycling options
Baby feeding bottles - see <u>Baby Equipment</u>

Perfume or Aftershave - The perfume shop take these, give away or sell on social media. These can be placed in Dry Mixed Waste kerbside recycling.

Bottle Tops

Metal and plastic bottle tops, as well as foil lids, can be placed in your Mixed Dry Waste (green) recycling box or bin. Lids should be replaced on the bottles so they don't get incinerated especially the small aluminium wine tops.

Some schools and charities collect bottle tops:

- West Wimbledon Primary School are collecting plastic bottle tops from soda / fizzy drinks bottles
- You can post milk bottle tops to Friends of Water Search and Rescue Team <u>https://fowsart.org.uk/pages/milk-bottle-tops-and-milk-bottle-collection</u>

Bras

Against Breast Cancer - collection boxes at SunrayRecycle.

SunrayRecycle also offer up to 3 second hand bras to anyone needing a bra. Smalls For All collect clean, used bras in new or good pre-loved condition (also new children's pants) and give them to developing countries (where bras are a sign of wealth and can even prevent sexual violence) - <u>http://www.smallsforall.org/</u>

Bricks, Building & DIY Materials

Useful / usable DIY materials (eg spare bricks / concrete / tiles / hardcore etc) can be offered on social media / zero waste sites

Some waste produced in the renovation of your home (small quantities of brick and building rubble or DIY waste materials) can be taken to the Household Reuse and Recycling Centre if the work has been done by yourself.

If you have large quantities, it will need to be removed from your property by a commercial waste collection or skip hire company.

Rubble from works completed by a professional (e.g. builder) are classified as commercial waste and will not be accepted at the Household Reuse and Recycling Centre.

See also <u>Paint</u>

NB - It is illegal to take items out of a skip, but if you are happy for items outside your property to be removed, put up a sign to make it clear they're 'FREE to TAKE'

Britta Filters - see <u>Water Filters</u>

Bubblewrap

Bubblewrap is not easily recyclable, but can be reused.

It can be offered on social media / zero waste sites - these can be used locally by people moving home or packaging / sending items

You can also use the PackShare website to find local businesses who can reuse your mail order packaging - <u>www.packshare.org</u>

If it's no longer useful, it can be recycled with 'plastic bag & plastic food wrapping' recycling (collected at most larger supermarkets), or placed in your general waste (black) bin.

Bulky Waste - see Bricks, Building & DIY Materials / Furniture / Metal / Wood / White Goods

С

Candles & Tealights

These can be donated to charity shops or offered on social media / zero waste sites if not used. They can also be posted to the Recycled candle company or dropped off at SunrayRecycle www.therecycledcandlecompany.co.uk

For used tealights, you can separate - the aluminium casing can be recycled, and the wax put in your normal bin.

Cans & Tins - see Metal

Canvas Bags - see Bags

Card, Cardboard & Paper - see also Paper

Clean card and cardboard can be recycled from home in your cardboard & paper recycling (blue) bin. If you have cardboard with food residue (e.g. pizza boxes), or very wet or oily cardboard,put this in your general waste (black) bin.

Cardboard Boxes - see also Paper, Card & Cardboard

These can be offered on social media / zero waste sites - these can be used locally by people moving home or sending items

You can also use the PackShare website to find local businesses who can reuse your mail order packaging - https://www.packshare.org/

And of course they can be recycled in your cardboard & paper recycling bins!

Cards - see Paper, Card & Cardboard

Cards (Plastic)

Plastic cards such as ID cards, Oyster cards, credit cards, gift cards, store cards. These can be quite handy repurposed as grouting tools, ice scrapers, dough /pastry scrapers, cut into guitar picks and more! Loyalty cards can also be used for play shops for children (although best to avoid doing this with your credit cards!)

Santander (bank) offer a card shredding service in most branches. You turn a handle and see your card being shredded

If binning put in general waste (black) bin. Make sure you chop up the cards so any names and numbers can no longer be read, and any chips are destroyed.

See also - Oyster Cards

Carpet

Carpet can be offered on social media / zero waste sites - some gardeners / allotment users use it to suppress weeds and cover ground before planting.

Carpet in small quantities can be disposed of at the Household Reuse and Recycling Centre; for larger amounts you will need a skip or waste collection.

Cartons (e.g. Tetrapaks)

Cartons for liquids like juice and soup can be recycled in your Dry Mixed Waste (green) recycling box or bin - please empty and rinse them first.

CDs & DVDs

These can be offered on social media / zero waste sites - both as playable items, or for crafting. Some charity shops take CDs & DVDs, including Cancer Research in New Malden (who take these & vinyl records), and the Save the World Club You can also sell them using online selling apps / sites (see below)

If unusable, put them in your general waste (black) bin, or in large quantities, take them to the Household Reuse and Recycling Centre.

You can also send them in the post to Richmond Furniture Scheme who in turn will send to https://www.reviveinnovations.design/connect in Bristol who recycle them into worktops, chair seats, etc

The plastic cases are probably PS (Polystyrene) type plastic, these should be taken to the Household Reuse & Recycling Centre & placed in rigid plastic (once the CDs/DVDs have been removed).

Charcoal - see Ash & Charcoal

Chemicals - see Hazardous Waste

China Plates, Crockery and Ornaments

These can be offered on social media / zero waste sites - both as useable items, or for crafting / for crockery smash stalls at fairs.

You can also donate good condition / usable items to charity shops or Save the World Club If broken, small quantities can go in your general waste (black) bin (wrap in newspaper / similar to avoid breaking the bag). Large amounts of broken crockery should go to the Household Reuse and Recycling Centre in the bricks & rubble collection

Christmas Decorations / Tinsel

These can be offered on social media / zero waste sites Upcycler Zoe Pocock has a Tinsel and Bauble amnesty and will rehome tinsel and small (up to 4cm) baubles - find out more at <u>https://www.instagram.com/reel/ChE4NzcFxf4</u>

Clinical Waste & Needles

Do <u>not</u> put clinical waste in your rubbish or recycling - please arrange a special collection for clinical waste. You can find more about this at <u>https://www.kingston.gov.uk/clinicalwaste</u> There are needle exchange services at a number of local pharmacies - <u>https://www.kingston.gov.uk/health-wellbeing/needle-exchange</u>

Clothes And Shoes - see also Shoes, Bras, School Uniform, Suits

If in good condition, you can offer clothes on social media / zero waste sites, or take to a local charity shop.

Donation / Recycling Tips - When donating clothing, especially to organisations where people 'drop in' to look through bags for clothes that they & their children really need, try to make it easier to find clothes for themselves and for the volunteers sorting things -

- group clothing types together (eg jumpers, trousers, smart/work clothes etc)
- tape a label onto each bag giving the clothing type and range of sizes inside
- make sure everything is clean and folded

There are many locations around the borough where you can take clothing, including by Tolworth Tower, and at Waitrose in Surbiton.

You can find a clothing bank near you at <u>https://www.clothingbanks.co.uk/london/</u> You can arrange collection with Oxfam and the British Heart Foundation

Trainers (all brands) and sportswear (not inc socks / underwear) can be taken to participating Nike stores for recycling - <u>https://www.nike.com/gb/help/a/recycle-shoes</u> Outdoor clothing (jackets, jumpers, shoes etc) are recycled at Cotswold Outdoor stores -<u>https://www.cotswoldoutdoor.com/recycle-my-gear.html</u> If you can - repair your clothes so they last longer! There's some great ideas here - <u>https://www2.hm.com/en_gb/hm-sustainability/take-care.html</u>

A number of stores also have discount / voucher schemes if you return old / unwanted clothes & fabric (the offers below may still not be available anymore)

- <u>M&S</u> £5 voucher off £35 spend on clothing, home and beauty products for each bag of clothes donated at M&S stores or participating Oxfam shops -<u>ttps://www.marksandspencer.com/c/plan-a-shwopping</u>
- <u>H&M</u> £5 voucher off £25 spend for each bag of clothes / textiles donated <u>https://www2.hm.com/en_gb/sustainability-at-hm/our-work/close-the-loop.html</u>
- <u>John Lewis</u> donate 5 items and get £5 off your fashion or homeware purchase that day, when you spend £20 <u>https://www.johnlewis.com/our-services/fashioncycle</u>
- <u>Runners Need</u> £20 off new running shoes when you recycle an old pair (doesn't run all year check online)
- <u>Schuh</u> £5 voucher off £25 spend for each donated pair of old shoes <u>https://www.schuh.co.uk/help/sell-your-soles/</u>
- <u>ReGain</u> donate 10+ clothing items / shoes to a participating Red Cross shop and ask them to scan a barcode in the app to get up to 25% off branded items via the app -<u>https://regain-app.com/</u>

Coat Hangers

These can be offered on social media / zero waste sites or charity shops.

You can also return to the store the clothes were purchased from. Sainsburys have hanger recycling in some stores.

Coffee Cups & Lids

You can take Coffee Cups to any Costa Coffee shop & hand it to the barister over the counter - Costa Coffee say they recycle your coffee cups correctly.

Coffee Grounds

Coffee grounds can be used within compost / the garden, or disposed of with your food waste recycling (brown) bin

Coffee Pods

- Lavazza Coffee Pods collection point at SunrayRecycle
- Nespresso <u>https://www.nespresso.com/uk/en/sustainability/recycling</u>
- Podback Recycling Scheme

There is also a national recycling scheme called Podback, which collect pods for Nespresso, Dolce Gusto, Tassimo, Starbucks, L'Or and Cru Kafe - find out more at <u>https://www.podback.org/</u>

Coffee Pouches

Can be put in soft plastic recycling at supermarkets

Contact Lenses & plastic packaging

Contact lenses, blister packs and foil lids can be taken to any Specsavers stores for recycling https://www.specsavers.co.uk/glasses/recycling

They can also be recycled via Acuvue's contact lens recycling scheme - you can recycle from home with a free shipping label (print off the website) or drop off to a collection point at a local opticians or Boots store. Find out more at https://www.acuvue.co.uk/recycle and find your local collection point at https://www.terracycle.com/en-GB/brigades/acuvue

Cooking Oil

Cooking oil can be collected and taken to the Household Reuse and Recycling centre. Please don't pour it down the sink

Corks

These can be offered on social media / zero waste sites.

Natural corks can be added to your compost bin, or broken up and planted with (they're apparently great for orchids!)

You can post natural corks to the ReCorked cork recycling scheme -

https://recorkeduk.org/pages/donate-your-corks

You can take natural corks to Majestic Wine or Laithwaites for recycling -

https://www.majestic.co.uk/services/cork-recycling

Plastic / synthetic corks can be recycled with Terracycle (if you get one of their boxes) -

https://zerowasteboxes.terracycle.co.uk/products/synthetic-wine-corks-stoppers-zero-waste-box Other zero waste boxes maybe be available cheaper try www.mygroupltd.com

Crisp Packets - Take to Larger Supermarkets

For soft plastic packaging - see <u>Plastic</u>

D

Dental Waste

New and unused items can be donated - see Beauty Products

Toothbrushes:

• Bamboo toothbrushes - see <u>Bamboo</u>

Dental aligners, packaging & cases (including Invisalign):

 These can be taken to participating dentists for recyling https://www.terracycle.com/en-GB/brigades/spotlight-oral-care-uk
 This includes Smartdontics (Central Parade, Surbiton) and Thames Orthodontics (Thames Ditton)

Some dentists may also collect.

DIY Waste - see Bricks, Building & DIY Materials

Ε

Electrical Items - see also Mobile Phones

All electrical items - Anything with a plug or a battery - including mobile phones & chargers, cables,, irons and toasters, hairdryers, hair straighteners and hair clippers, clocks, alarm clocks and smart watches & GPS locators, radios, hi-fi's and speakers, remote controls, small electronic toys, power tools & batteries - must be processed via a WEEE waste collection.

You can return items to the store where you originally purchased them from, or the following:

- B&Q New Malen have a collection point
- Some charity shop take working electrical items, including Fircroft Trust, STWC and the British Heart Foundation in Kingston

You can also take these to the Household Recycling Centre for recycling.

Phones, Tablets, Laptops & All Accessories

These can be donated to Kingston's 'Mayor's Mobile Mop Up' project. You can also donate working laptops and tablets to Don's Local Action Group -<u>https://donslocalaction.org/keep-kids-connected/</u>

Always make sure you wipe your phone or laptop before donating to ensure it doesn't contain any of your data.

Please note:

- Most electrical items are recyclable and some need to be disposed of safely.
- Please remove batteries from items before recycling.
- Electrical items can be taken to your local H, R & Recycling Centre.
- Check with the retailer of the item they may also have a take back scheme for recycling your items.

E Cigarettes & Vapes

These need to be disposed in WEEE waste - you can bag up & are collected at most larger supermarkets & electrical shops

Engine Oil

Engine oil can be collected and taken to the Household Reuse and Recycling centre.

Envelopes - see Paper, Card & Cardboard

F

Fabric & Rags (no longer usable bits, ripped or stained fabric) - also see <u>Clothing</u>

Fabric and rags can be chopped up for cleaning rags, or dropped off to fabric recycling at some charity shops.

Some charity shops also raise money by selling "rags" by weight in exchange for donations to their organisation - for these, drop off bags of torn/stained/broken fabrics, in plastic bags marked clearly marked 'rags'.

Flowers - see <u>Plants</u>

Cut flowers can be put in your compost bin or garden waste bin if you have one; they can also go in your food waste (brown) container.

Flower & Plant Pots

These can be offered on social media / zero waste sites They can be taken for recycling at some garden centres inc. Squires & B&Q Broken / unusable pots should be taken to the Household Reuse and Recycling Centre.

Food

Usable in-date unopened food packets can be donated to your local food bank - they have donation points locally and in local supermarkets:

https://kingston.foodbank.org.uk/

All edible food, including opened or out of date (best before, not use by) food can be offered on Olio, a zero food waste app.

Food Waste

This includes everything that is or was food - so even bones, coffee grounds, teabags, pet food, meat, eggshells and plate scrapings (but not liquids!) can be recycled. They should all go in your food recycling bin, which is collected weekly.

Whether you live in a house or a flat, the council can provide caddies for you to collect food waste in your kitchen. You can use liners bought from a shop or from RBK libraries or use newspaper to line your caddy, though a liner is not essential. If you live in a house, you should have an outdoor caddy with a lockable handle. If you live in a flat, you should have a communal (brown) bin for your food waste. You can also compost your food waste in your own compost bin, or invest in a 'Hot Bin' - so you can compost all your food & Green waste - https://www.hotbincomposting.com/

Food Wrappers

For cardboard packaging - see <u>Paper, Card and Cardboard</u> For plastic packaging (both hard & soft) - see <u>Plastic</u>

SunrayRecycle (KT59QP) have a number of collection bins for specific items (more info below); including:

- Pringles cans
- Plastic bread bags & tags
- Wax wrap bread bags (Warburtons brand only)
- Biscuit, cracker & cake bar wrappers
- Kinder Chocolate packaging
- Ferrero Rocher packaging inc boxes & foil wrappers
- Tic Tac Boxes
- Lavazza Coffee Pods
- Cheese wrappers

Babybel

Fruit Nets - See Net Bags

Furniture (good condition)

These can be offered on social media / zero waste sites If your furniture is in good condition it can be taken to specialist charity shops to be reused, some organisations may collect items. (See charity collections below) Alternatively you can book a bulky waste collection for reusable items with the council

Furniture (broken or stained)

These can be offered on social media / zero waste sites for upcycling / materials. If your furniture is in poor condition and is not reusable, please take it to the Household Reuse and Recycling Centre, or book a bulky waste collection for non reusable items. You can also arrange collection from a local waste collector (See waste collection services) Do NOT leave outside your property boundary, this is classed as fly tipping.

G

Games - see Toys

Garden Waste

Garden waste can not be placed in your black rubbish bin or your food waste caddy. You can subscribe to the RBK council garden waste scheme, take your garden waste to the Household Reuse and Recycling Centre, or compost at home.

Gas Canisters & Bottles

LPG gas bottles / cylinders can be returned to the company who owns it https://www.liquidgasuk.org/domestic/lpg-cylinder-supply-and-return Calor gas bottles / cylinders can be returned, or exchanged for a replacement https://www.calor.co.uk/gas-bottles

Nitrous Oxide Canisters (both the small metal bottles and larger spray canisters) can be recycled in your mixed dry recycling (green) bin, or taken to the Reuse and Recycling Centre.

Glass Bottles & Jars - see also <u>Bottles</u>

These can be offered on social media / zero waste sites - people may use for jam / crafts etc. Put glass jars and bottles in your Dry mixed waste recycling (green) box or bin

Glasses (drinking)

These should **not** go in your Dry Mixed Recycling as they can be a different type of glass than is collected. These can be offered on social media / zero waste sites, or taken to charity shops (if in good condition)

Glasses (Spectacles) & Sunglasses - see also Contact Lenses

Take to any Specsavers stores for recycling - <u>https://www.specsavers.co.uk/glasses/recycling</u> Broken glasses can be recycled through Vision Aid's spectacle donation scheme. This operates via collection points at local opticians, including Specsavers. You can get a free postal pouch -<u>https://www.visionaidoverseas.org/recycling</u>

You can also take them to Anthony Opticians on Tolworth Broadway to be donated to the Lions Clubs International

Gloves (Disposable)

Used disposable gloves are collected at SunrayRecycle for recycling - please bag up before donating, and do not donate any gloves which have bodily fluids / chemicals on them). Otherwise, these should be placed in your general waste (black) bin.

Gloves (Washing Up)

SunrayRecycle currently collect 'Marigold' gloves only, we cannot take other rubber gloves. Other brand gloves should be disposed of in your general waste bin.

Glue Sticks

These can go in Mixed Waste Recycling - remove any excess glue there is usaually a lot left inside! Dig out the glue from inside the container to make it last longer.

Н

Hazardous Waste

Hazardous Waste should not be placed in any of your kerbside collections or brought to our Recycling Centre, please contact - City of London Hazardous Waste Service. <u>https://www.kingston.gov.uk/bins-recycling-rubbish/hazardous-waste</u> DO NOT POUR anything down your drains - it pollutes the local waterways, streams & rivers

Asbestos - *see <u>Asbestos</u>* Oils - *see <u>Oil</u> Medicine - <i>see <u>Clinical Waste & Needles</u>* Paints - *see <u>Paint</u>*

Ice Lolly Sticks

If wood, you can use these as plant markers for gardening. You can also place them in your compost or your food recycling (brown) bin.

Incontinence Pads

If used - please put these in your general waste bin in a bag. If unused - these can be offered on social media / zero waste sites

Inflatables

If functional, these can be offered on social media / zero waste sites. Damaged / broken inflatables (including paddling pools, rubber rings, arm bands & bouncy castles) are collected by Inflatable Amnesty to be turned into beautiful bags & purses - find out more at <u>https://www.inflatableamnesty.com/</u>

Ink Cartridges from Printers (small Ink Cartridges)

These can be recycled at:

- SunrayRecycle (24/7)
- Local libraries in Tolworth, new Malden, Kingston and Hook
- Kingston Environment Centre in New Malden

Ink Toner cartridges can be sent back to the supplier or taken to Household Reuse & Recycling Centre

J

Jewellery, Watches & Clocks (old broken, pre-loved or new)

These can be offered on social media / zero waste sites, or sold on social media / eBay.

If valuable, it may be worth taking to an auctioneer to get a valuation before selling.

The Alzheimer's Society's 'Old Jewellery Appeal' welcomes jewellery of any kind to raise funds for people affected by dementia. They will send you a padded self addressed envelope or you can send yourself to their freepost address - find out more at

https://www.alzheimers.org.uk/get-involved/make-donation/donate-old-jewellery Costume jewellery may also be useful for children's dress-up, or theatrical groups.

Κ

Kitchen Roll & Tissues (used)

Please put these in your General Waste (black) bin. **Important ** Do NOT put these into your food waste bin or your paper bins.

Kitchenware

Anything usable can be offered on social media / zero waste sites. They can be offered to local nurseries for their mud /play kitchens, or community / charity groups for use.

Knives cannot be offered on social media as might be collected by a under 21 year old

For unusable items: Pyrex dishes - these can't be recycled, and should go in your general waste bin. Sistema / Tupperware / Reusable Water Bottles - see Terracycle/SunrayRecycle

L

Lightbulbs

Fluorescent or gas filled light bulbs can be taken to the Household Reuse and Recycling Centre or to a large shop that supplies these items - many of them run a takeback scheme but check before you go. They can also be recycled at B&Q (nearest one is in New Malden).

Filament bulbs can be wrapped in newspaper and placed in your General Waste (black) bin

Μ

Medication

Expired or unused medication should be returned to any pharmacy for disposal.

Medicine Blister Packets

These can be recycled at Worcester Park Superdrug - soon you will see these with the foil removed and replaced with plastic!

Wimbledon & Raynes Park - Boots Stores

Menstrual Products

Please don't flush these items down the toilet even if it says you can - place in a bag and put in the General Waste (black) bin.

Any 'unused' products (towels, tampons, menstrual cups, period underwear etc) can be offered on social media / zero waste sites.

Clean 'used' menstrual cups, reusable pads and period underwear can also be offered on social media / zero waste sites – these are designed for re-use & if it's not for you, someone else may benefit from them!

Metals

Metal can often be collected in your home recycling - this includes:

- Food and drink cans & tins
- Aerosol containers (eg deodorant / hairspray cans)
- Metal jar lids
- Tin foil (please make sure it's balled up to at least the size of a tennis ball!)
- Foil trays (eg from ready meals / take-away restaurants)
- Metal food tubes (eg tomato puree)

Within the recycling sorting process, most metals will be harvested using magnets, however other metals like gold, silver, platinum & aluminium are collected at the end of the recycling process. If your metal is smaller than 4cm it will not make it onto the recycling process and will most likely be incinerated. Incinerated metals are collected as part of the process. Please be careful when recycling not to lose a valuable item in the waste bins.

For other metal items:

• Pans and oven trays - see Kitchenware

- Cutlery see <u>Kitchenware</u>
- Furniture see <u>Furniture</u>

Please take large items or large quantities to the Household Reuse and Recycling Centre, or speak to a local scrap dealer; most will take metal for free.

Milk Bottles - see Bottles

Mirrors

Unbroken / good condition mirrors can be offered on social media / zero waste sites or donated to charity shops.

Broken mirrors can also be offered on social media / zero waste sites for crafting purposes. Unfortunately mirrors are very difficult to recycle; so broken mirrors that cannot be repurposed should be placed in your standard waste bin, or taken to the Household Reuse and Recycling Centre.

Mobile Phones

Many charities can use working mobile phones, including Refugee Action Kingston

Mobile phones can be sent (freepost) to Freepost RTAG-THHY-SSTU Freepost Genuine Solutions / Mobile Mop Up

Old and/or non-working mobile phones often have a value and can be sold (see online selling sites list), or part-exchanged if you're buying new technology. Always make sure you wipe your phone before donating to ensure it doesn't contain any of your data.

Your mobile provider may support a charity if returned to them.

Musical Instruments

These can be offered on social media / zero waste sites. You could also get in touch with your local schools to see if they can use them.

Ν

Nail Varnish - Are not recycled (these should go in your General waste (black) bin.

If it's still usable, you could offer on social media / zero waste sites for someone to use. If it's dried up, you can drop several drops of acetone into the bottle and shake. You can also use to decorate stones, photo frames or other items.

Napkins - Paper - see Kitchen Roll & Tissues

Napkins - Fabric

If in a good condition, offer on social media or zero waste sites or donate to charity shops. If not - see *Fabric*

Nappies - see **Baby Nappies**

Net Bags / Fruit Nets

These can go in soft plastic recycling - *see Plastics* You DO NOT need to cut off the metal clips - if cut off, some net bags will produce lots of little pieces of plastics which aren't collected for recycling.

0

Oil - see also Engine Oil

Cooking Oil Used cooking oil can be used as a preservative for woods Hardened cooking oils can be used to bind bird seeds together to make homemade 'fat balls'

Oyster Cards

These can be returned to TfL and any PAYG credit refunded: <u>https://tfl.gov.uk/fares/refunds-and-replacements/oyster-pay-as-you-go-credit-no-longer-needed</u>

You can als donate unneeded Oyster Cards to the Manna Society: https://www.mannasociety.org.uk/appeal-for-oyster-cards/

Ρ

Paint

Usable paint can be offered on social media / zero waste sites.

Water based paint- can be disposed of at the Household Reuse & Recycling centre.

If its still liquid leave lid off to dry out or add sand to bulk up.

Oil based paint & varnishes – these are classified as hazardous waste; you should arrange a collection from the Hazardous Waste Service -

https://www.kingston.gov.uk/bins-recycling-rubbish/hazardous-waste/1

Community Repaint (Richmond) – leftover paint can be donated for local community projects (not available to RBK residents) - <u>https://communityrepaint.org.uk/</u>

Pallets - see also Wood

Blue-painted 'CHEP' pallets belong to CHEP, and will be collected. Book a collection at https://www.chep.com/uk/en/why-chep/how-chep-works/what-can-i-do-blue-pallets There are a number of collection & recycling options for standard wooden pallets: https://associated-pallets.co.uk/blog/pallet-recycling/

https://cgrpalletrecycling.co.uk/

Standard pallets can be offered on social media / zero waste sites, or used for a huge amount of craft projects - get inspired at <u>https://www.1001pallets.com/</u>

Paper, Card & Cardboard

Dry clean paper, card and cardboard can go in your blue lidded wheelie bin (or white cardboard bag). This includes:

- Letters
- Bank statements / bills (just remove and shred any sections with your name and personal details address, bank account details etc)
- Newspapers
- Magazines (remove any plastic wrap)
- Paper or card envelopes (not jiffy bags / padded envelopes)
- Junk mail
- Catalogues & brochures
- Leaflets & flyers
- Telephone directories & 'Yellow Pages'
- Printed paper
- Brown paper
- Shredded paper
- Exercise books / notebooks (remove any wire / plastic if ringbound)
- Greeting cards (remove any foil / ribbon / glitter)
- Wrapping paper (as long as it can be scrunched not plastic)
- Gift bags (just remove any string / ribbon) these can also be given away on social media / zero waste sites if in usable condition
- Cardboard boxes (flattened if possible) see also <u>Cardboard Boxes</u>
- Food packaging eg cereal boxes, pasta/rice boxes, frozen food boxes (as long as they're clean), ready meal card wrappers / boxes
- Card yoghurt / ice-cream tubs (rinse first)

The following cannot go in your recycling:

- Wet / oily paper
- Used tissues / kitchen roll see <u>Kitchen Roll & Tissues</u>
- Foil / plastic wrapping paper this can't be recycled; you could reuse for wrapping or crafts, otherwise place in your general waste bin
- Cards with glitter these can't be recycled; you could use for crafts, otherwise place in your general waste bin
- Post-it / sticky notes see Post-It Notes
- Till Receipts usually thermal printed so cannot be recycled
- Toilet Wipes see <u>Wet Wipes & Toilet Wipes</u>

For other paper products:

- Coffee Cups
- Wallpaper see <u>Wallpaper</u>

Pens & Pencils

These are NO LONGER collected at Rymans.

Usable pens, pencils & crayons can be offered on social media / zero waste sites, and may also be of use for local schools / nurseries / craft groups.

Pet Food Pouches

These can be dropped of for recycling at Pets@Home branches, or recycled with soft plastic collection - see *Plastic*

Plants & Seeds

Plants, flowers and seeds can be offered on social media / zero waste sites. There are also local garden groups who you can get in touch with including

- Hogsmill Community Garden https://www.facebook.com/hogsmillcommunitygarden
- Seed Swaps https://www.facebook.com/SeedswapKingston
- Kingston Environment Centre https://kingstoneco.org.uk/projects-1/

Plastic

Hard Plastics (PET & PP5)

Many 'hard' plastic items can go in your plastic recycling bin - just make sure you rinse them, remove any film / other packaging materials. This includes:

- Plastic drink bottles
- Plastic cleaning product bottles
- Plastic beauty product bottles (shampoo, conditioner, shower gel, soap, skin care etc) see also
 <u>Beauty Products</u>
- Butter / margarine tubs
- Yoghurt pots
- Plastic ice cream tubs
- Plastic food / fruit & vegetable / meat trays & punnets (rinse, and remove paper / plastic film)
- Plastic takeaway boxes (you can also reuse these, or offer on social media / zero waste sites)
- Black plastic (eg from microwave meals)

Soft Plastics

Many 'soft' plastic = "plastic bags & plastic food wrappings" can be taken to recycling collection bins in most supermarkets, or given to your supermarket food delivery driver for recycling (bag together), including:

- Bread bags
- Cereal bags
- Pasta / rice / noodle bags
- Crisp packets, and multipack crisp bags
- Plastic bags see also <u>Bags</u> where they're in a usable condition
- Salad bags
- Magazine wrapping

For other plastic products:

- Bubble Wrap see <u>Bubblewrap</u>
- Carrier Bags see <u>Bags</u>
- Flower Pots see Flower & Plant Pots
- Coat Hangers see Coat Hangers

- Cutlery & kitchen utensils see Kitchenware
- Furniture see <u>Furniture</u>
- Plastic cards (eg credit / store / ID) see Cards (Plastic)
- Plates, bowls, cups etc see Kitchenware
- Polystyrene see <u>Polystyrene</u>
- Tools see Tools
- Toys see <u>Toys</u>
- Tupperware see <u>Kitchenware</u>
- Washing Up Bowls see <u>Kitchenware</u>

The following unfortunately can't currently be recycled, and should go in your general waste:

- Cling film

Polystyrene

Standard polystyrene, whether packaging or peanuts / chips, cannot be recycled. It should be placed in your general (black) bin; large pieces should be taken to the Household Reuse and Recycling Centre.

The peanuts / chips can be offered on social media / zero waste sites, or via "Big Move, Little Move,

Cardboard Box" or <u>www.packshare.org</u>

You can also take to local 'Mail Box' Shop

They can use at the bottom of plant pots for drainage (instead of rocks or gravel etc). Great for drainage and means a much lighter plant pot!

The biodegradable 'polystyrene' packing peanuts / chips can be dissolved in water, as they as corn-starch based. When these are no longer needed, use for arts and crafts (stick on picture etc) or messy play (these are fun and squishy with water). Otherwise just dissolve in water or throw in with compost.

Post It Notes

Unfortunately these are NOT Recyclable - please put these in your general (black) waste bin

Pots & Pans - see Kitchenware

Pump tops & Trigger Sprays

- These are **not** recycled through Kingston Council
- Earn money for your local organisation
- remove these from your bottles and containers
- Donate to SunrayRecycle or BarwellRecycle (Chessington)

Puppy Pads - see Incontinence Pads

The Recycling 'Queen' is within you - don the crown of crisp packets & celebrate your recycling achievements - Thank You

R

Razors

These can be sent (carefully wrapped!) in the post to Gilette for recycling for free - <u>https://www.gillette.co.uk/recycle.list</u>

S

Sanitary Products – see Menstrual Products

School Uniform & Club Outfits

Many schools or clubs have a pre-owned collection, so check with your children's school to see if they have this in place. You can also offer / request items via social media / zero waste apps. There are also online sites: Uniform Exchange <u>https://www.uniform.exchange/</u> Uniformerly - sell or donate <u>https://uniformerly.co.uk/</u>

Seeds - see Plants & Seeds

Shredded Paper - see Paper

This can also be used for small animal bedding, or mixed into your compost.

Shoes, Boots & Trainers

Shoes suitable for donation should be paired and tied together Most dry cleaners or shoe repairers have a collection box. Running Shop in Surbiton collects Good condition children's shoes can be donated to Unicef ShoeShare via collection points in Clark's shoe stores - https://www.clarks.co.uk/sustainability/unicef Sal's Shoes (Croydon) sends your new and second hand shoes to children in need in developing countries and also the UK, for reuse rather than dismantling/recycling - <u>https://www.salsshoes.com</u>

Silica Packets

You can use these to keep documents and stored items free from moisture - they can be reactivated by placing in a low heated oven or microwave for a few seconds.

Soft Plastics - also see Plastics

Soft plastics = 'plastic bags & plastic food wrapping' - these are collected at most larger supermarkets & local Co-Ops. I.e.: Crisp packets, Sweet wrappers, Fruit & Veg plastic bags & plastic net bags Pet Food Pouches & Yoghurt pouches minus the screw top lids can also be recycled there too.

Stamps

Franked (used) stamps can be donated to the Royal Institute for the Blind - they're worth 0.5p each so they sell them in bulk to stamp collectors. They will send you pre-paid collection envelopes or boxes so you can send the stamps to them -

https://www.rnib.org.uk/get-involved/fundraise/do-your-own-fundraising/save-your-stamps-for-rnib/ You can also take them to SunrayRecycle (during opening hours only)

Suits - see also Clothing

Suits and smart clothing are crucial for those on low/no incomes who have job interview to attend - and there are charities who will take them for these purposes.

Suited & Booted - working with men only, based in the City of London -

https://www.suitedbootedcentre.org.uk/donations/clothing-donations/

Suited for Success - based in Birmingham, but you can post donations of up to 10kg for only £4.49 - <u>https://www.suitedforsuccess.co.uk/donate-suit</u>

Suits and formal wear can also be donated as other clothes to charities etc.

Т

Takeaway Containers & Lids - see Plastic (Hard Plastics)

Tents & Camping Equipment

If usable, these can be offered on social media / zero waste sites (either whole or as spares / for repairs - components are often useful, so consider offering the pegs, poles, and canvases separately too). They can also be donated to charities such as homeless groups or Care4Calais who will give them to people in need.

Textiles - See Fabric, Clothes

Tins & Cans - see Metal

Tins and cans can be placed in your Dry mixed reycling (green) box or bin - please rinse out first.

Tinsel - See Christmas Decorations link?

Tissues - see Kitchen Roll & Tissues

Toothbrushes - see **Dental Products**

Toothpaste Tubes - see <u>Dental Products</u>

Toys

If still usable, clean & complete:

 Donate to the Salvation Army via The Entertainer (Bentalls Centre): <u>https://www.thetoyshop.com/bigtoyrehoming</u>

- Local hospital Children's ward for new or good condition toys and puzzles. Princess Royal University Hospital (PRU) https://pruh.kch.nhs.uk/services/childrens-services/
- Charity shops collect good quality toys
- Save The World Club collect toys
- The TOY Project donate good, clean condition pre-loved or new toys (unwanted games, teddies, soft toys, puzzles, bikes, and any other type) to be passed on to those who need them both in the UK and abroad. You can drop off or post to their base: The Toy Project 99 Junction Road N19 5QX http://thetoyproject.co.uk http:/
- Small plush teddy bears can be posted to The Teddy Trust https://teddytrust.org.uk/send-teddies/

Toys - Broken / incomplete

• Toys should be taken to the Household Recycling & Reuse Centre

TVs & Monitors - see Electricals

U

Umbrellas

If usable, these can be offered on social media / zero waste sites

If broken, you can take them apart to be recycled - the fabric can be removed and donated in rag bags or reused (*see <u>Fabric</u>*), and the metal must be brought to the metal recycling at the Household Reuse & Recycling Centre

V

Vapes - see <u>eCigarettes</u>

Vinyl Records

These can be offered on social media / zero waste sites

Many may have a value, so check on sites like eBay to check - you may also be able to sell them to second hand record shops.

Many charity shops, including the Cancer Research Shop in New Malden, take these.

W

Wallpaper

Unused wallpaper can be offered on social media / zero waste sites.

It can also be used by nurseries, schools and preschools and other community groups for upcycling or crafts.

Used Wallpaper cannot be recycled with other paper, so should otherwise be placed in your General Waste (black) bin or taken to the Household Reuse and Recycling Centre.

Water Filters

There is a collection point at SunrayRecycle for Aqua Optima water filters only. Britta water filters can be returned to Tesco, Robert Dyas & Sainsburys for recycling.

Wet Wipes & Toilet Wipes

These are usually made from plastic. They should NOT be flushed down the toilet - please dispose of in your general waste (black) bin

White Goods

Usable white goods, or broken white goods if clearly advertised for spares / repair, can be offered on social media / zero waste sites, or the Save The World Club.

Broken / unusable fridges & freezers need to be disposed of correctly as they contain gases - local scrap dealers will charge to take these.

Most companies will charge a removal fee to take your old appliance away when you get a new one delivered.

You can also arrange a bulk waste collection via the council.

Wrapping Paper - see also Paper

If a usable amount is left, you can give it away via social media / zero waste sites You can use wrapping paper to wrap exercise books for school.

Wood - see also Pallets

This can be offered on social media / zero waste sites as materials for crafts / building / upcycling. Treated wood should NOT be burnt or offered as firewood.

Wood **cannot** be placed in your General Waste bins - please take it to the Household Reuse and Recycling Centre.

You could consider using pieces of wood to make a bug habitat / hotel for your garden; a 'little library' for your neighbourhood (<u>https://littlefreelibrary.org/</u>); or a bird or bat box.

Χ

Xylophone - see Musical Instruments

Υ

Yellow Pages - see Paper

Ζ

Zebras

If you have a zebra, we'd recommend contacting London Zoo to rehome it - Battersea (and other local rehoming sites) probably won't be able to help!

Thank You for reading 🌞 🛟

Compiled by Janine Martin & Melissa Minty of SunrayRecycle Find us on Facebook - <u>https://www.facebook.com/groups/421215681773030</u> Get in touch - <u>SunrayRecycle@gmail.com</u>

ADDITIONAL RESOURCES

Social Media & local Facebook groups

- SunrayRecycle <u>https://www.facebook.com/groups/421215681773030/?ref=share</u>
- Golden Hearted <u>https://www.facebook.com/groups/703270807162286/</u>

Zero Waste Sites / Apps:

- Freegle <u>https://www.ilovefreegle.org/</u>
- Olio <u>https://olioex.com/</u>
- Freecycle <u>https://uk.freecycle.org/</u>
- PackShare for packaging materials <u>www.packshare.org</u>
- Big Move, Little Move, Cardboard Box <u>https://www.facebook.com/groups/644229319541668/</u>
- Zero Waste map for Kingston Council <u>http://southlondonpartnership.co.uk/place/slp-zero-waste-map/</u>
- Horizon Recycling Information- https://www.horizonapp.uk/

Online Selling Sites / Apps:

- Facebook Marketplace (everything)
- eBay (everything)
- Gumtree (everything)
- Music Magpie (books / DVDs / CDs / mobile phones)
- Zapper (books / DVDs / CDs / mobile phones)
- Ziffit (books / DVDs / CDs)
- Depop (clothes)
- Vinted (clothes)

Animal Shelters / Vets

Local charities who will collect

- Just Clear collect on behalf of the British Red Cross https://www.just-clear.co.uk/locations/kingston/
- British Heart Foundation <u>https://www.bhf.org.uk/shop/donating-goods/book-a-free-furniture-collection</u>
- Save The World Club Berrylands <u>https://www.savetheworldclub.org</u>
- Fircroft Trust Tolworth <u>https://thefircrofttrust.org/contact-us/</u>
- Kingston Furniture Project <u>https://www.staywellservices.org.uk/kcf-furniture-collections-surrey</u>
- Richmond Furniture Scheme

Local charities you can donate to

- OXYGEN New Malden
- KCAH Kingston Churches Action on Homelessness https://kcah.org.uk/can-you-help-us/donate-items-2/
- RBKares -

- Growbaby <u>http://www.kingstonvineyard.co.uk</u>
- Enhanceable Berrylands & Tolworth
- Squirrels Scrap Bank Worchester Park https://squirrelscommunityscrapscheme.chessck.co.uk/

Other Donation Options:

- Care4Calais aid for refugees, they organise local drop off points / events , and need donations of items including glasses, winter clothes & shoes, sleeping bags, phones and chargers -<u>https://care4calais.org/thedropoffmap/</u>
- Cancer Research UK (Kids & teens) at TKMaxx stores are collecting bags of "pre-loved quality clothes, accessories or homeware" for their Give Up Clothes For Good campaign to "help transform the items you no longer need into funds for life-saving research into children's cancers" <u>https://www.tkmaxx.com/uk/en/give-up-clothes-for-good</u>
- H&M Fabric Recycling take a plastic bag of torn, stained, damaged, or otherwise unusable fabrics to them for recycling stained, torn or otherwise unusable sheets, baby grows, soft toys, burnt oven gloves, curtains
- The Fire Fighter's Charity Kingston & New Malden Fire Stations have collection Bins <u>https://www.firefighterscharity.org.uk/get-involved/recycle-your-textiles</u>
- Need Cash for Clothing New Malden has a Cash4Clothes located at the Curry's car park at Burlington Road

Sunray Recycle (Tolworth)

Along with the below list, please do a search on the Facebook page for a specific item - always check the date as it could be an old collection and no longer collected -

https://www.facebook.com/groups/421215681773030/

SunrayRecycle have a number of collection points for specific items; as follows:

Food Packaging

When donating, please make sure collection items are shaken free of crumbs and flattened.

- Pringles Cans (specific brand only) <u>https://www.terracycle.co.uk/en-GB/brigades/pringles</u>
- Plastic bread bags & tags (all brands)
- Wax wrap bread bags & tags (specific brand only)
- Biscuit, cracker & cake bar wrappers (inc chocolate and biscuit bars such as Twix, packets such as Iced Gems, Mini Cheddars, individual mini cake roll / bar packets) https://www.terracycle.co.uk/en-GB/brigades/pladis
- Kinder Chocolate packaging inc chocolate and Kinder Egg packaging (specific brand only)
- Ferrero Rocher packaging inc boxes & foil wrappers (specific brand only)
- Tic Tac Boxes (specific brand only)
- Lavazza Coffee Pods (specific brand only)
- Cheese wrappers for Cathedral City Any brands accepted
- Babybel nets & wrappers (specific brand only)
- Milk bottle tops supporting West Wimbledon Primary School

Stationery

- Crayons, chalk & scissors
- Ink Cartridges (not toners) please bag before donating
- Stamps

Personal Care

- Marigold gloves (specific brand only)
- Disposable gloves (all brands please bag before donating)

<u>Home</u>

- Aqua Optima water filters (specific brand only)
- We No Longer collect Candles, Tea Lights & Wax

Repair Shops

Kingston Repair Cafe - insert

Epsom Repair Cafe - <u>https://www.facebook.com/groups/786507392173244/?ref=share</u>

Walton Eco Hub - https://www.facebook.com/groups/801337597396540/?ref=share

Richmond Maker Lab - https://richmondmakerlabs.uk/

Local Drop In Centres help people in need from the local area and beyond, whether homeless or being housed by the council or a charity or a refuge, or just really struggling financially. They need men's, women's and children's clothing, both smart/work clothes and warm casual clothes, and good condition bras and shoes etc.

Children's Centres: They all usually have a 'swap shop' cupboard so that families in need can get access to donated adult, child & baby clothes, books, toys and baby equipment.

FURTHER READING

There are some wonderful things happening elsewhere in the UK, and around the world!

<u>Clothing Facts - From the Sisters Against Plastic FB page</u> - So who knew getting dressed was going to become such a nightmare?! Listing just a few of the mind blowing ethical dilemma's we are facing with our clothing, we're thinking it would probably just be easier if we all became nudists!...

1. Millions of plastic microfibres are being shed from our clothes every time we wash them; <u>https://friendsoftheearth.uk/plastics/microfibres-plastic-in-our-clothespollution</u> from textile industry,

2. It takes 15,000 litres of water to grow the cotton to make a pair of jeans resulting in rivers are drying up as the water is diverted to cotton-production farms; https://www.bbc.co.uk/bbcthree/article/5a1a43b5-cbae-4a42-8271-48f53b63bd07

3. Who makes our clothes? Are they being exploited, working in dirty conditions with little pay? https://www.fashionrevolution.org/about/why-do-we-need-a-fashion-revolution/

4. Around 300,000 tonnes of clothing ends up in UK household bins every year; https://publications.parliament.uk/pa/cm201719/cmselect/cmenvaud/1952/report-files/195207.htm

It's facts like this that can make the whole climate crisis seem waaay too overwhelming. So here at Sisters Against Plastic, we want to tell you there is no straight answer, no magic wand that is going to solve all of these problems, BUT by putting a little extra thought into what you buy and what you wear can go a long way towards making a huge difference.

You might go down the path of pre-loved clothes and have made the Oxfam Great Britain pledge for #SecondHandSeptember.

You might be checking the labels more closely, seeing if you can buy your t-shirts made from organic cotton rather than synthetic fibres such as viscose, polyester, nylon & elastane which are petrol & chemical based and so do not bio-degrade. Rapanui is a great place to start looking for sustainable t-shirts.

Your priority might be to avoid fast fashion and check for ethical production. You might be able to whip up an outfit yourself on your sewing machine, or like to support a small business who can.

Or you might decide that the most sustainable thing you can do is use what you already have.

Whatever you decide to do, If you are thinking carefully about your fashion choices and making decision based on what is important to you – it means you are making a change.

We can't solve all the problems, but we most certainly can engage our minds to take a step in the right direction.

TERRACYCLE Collections @ SunrayRecycle can be found on our main social meadia on Facebook https://www.facebook.com/groups/421215681773030/?ref=share or please contact us <u>SunrayRecycle@gmail.com</u> or WhatsApp 07886552574

<u>https://youtu.be/b8LmZwRFMuY</u> - Terracycle advert November 2021 featuring our collection bins, Sunray shed, our community allotment and our youngest volunteer - blue jacket!

https://youtu.be/vxNhMbRCoMI SunrayRecycle interview with ChannelKT4 - Sept 2020

https://bit.ly/3yUDqko TerraCycle Europe sorting in the North of France - how they process!

https://www.moneysavingexpert.com/team-blog/2019/01/free-way-to-recycle-the-unrecyclable-with-te rracycle/

Available to all households:	Paid-for additional services:				
 Black Bin = General Waste 	• Green Lidded Bin = Green / Garden Waste				
• Blue Lidded Bin = Paper & Cardboard (Dry	 Bulky Waste Collection = 				
& Clean)	https://www.kingston.gov.uk/Bulkywaste				
• Green Bin or Boxes = Mixed Dry Recycling	<u>collections</u>				
 Brown Bin = Food Waste 					
 Small Brown 'Kitchen Caddy' Bin = Food 	The list below has been updated using the				
Waste	previous RBK Website A-Z of Recycling 2020 - we				
	hope Kingston Council will adopt our list below.				
Villiers Household Reuse & Recycling Centre -	https://www.kingston.gov.uk/waste-recycling-gui				
https://www.kingston.gov.uk/recyclingcentre	de				

Kingston Council Recycling

Home Waste and Recycling Recycling and Rubbish Collections Guide

Confused about what goes where? Find your item in the list below to work out what to do with it.

PLEASE NOTE : make sure all recycling is clean & dry, items containing food waste, tissues, kitchen towels & wet wipes makes the item incompatible with the recycling process #

https://metro.co.uk/2018/02/15/happens-dont-bother-washing-recycling-7315366/ https://friendsoftheearth.uk/sustainable-living/7-benefits-recycling The Recycle Now website <u>www.recyclenow.com</u> also has detailed information about each material and where you can dispose of them for re-use or recycling, whether it be part of your home collections or at a store or collection bin in your local area.

Two more useful apps /websites are https://www.horizonapp.uk/ or https://www.horizonapp.a or <a href="https://www.hori

It's so much more satisfying & environmentally helpful to get the right stuff to the right place. Rubbish is only waste when it's in the wrong place.

Waste definition: to consume, spend, or employ uselessly or without adequate return; use to no avail or profit; squander: to waste money; to waste words.

All this information Compiled by Janine Martin & Melissa Minty of SunrayRecycle

Do we have any of these schemes locally?

Glasgow http://starterpacks.org.uk/index.php/donating/donating-faqs/